



# Welcome to the PQIP Collaborative DrEaMing Webinar

5<sup>th</sup> May 2022  
1-2pm

@rmoonesinghe @CMOliver\_ @eleanor\_Warwick @scarlettmcnally  
@NHSGIRFT @RCOAnews @HSRCNews

- Why is DrEaMing good for patients?
- The NHSEI CQUIN
- Experience from a local DrEaMing collaborative
- Barriers and Facilitators to DrEaMing & some practical ideas for implementation
- Supporting each other: A collaborative approach to DrEaMing
- The Patient perspective & patient expectations
- Panel Q&A: Using the whole team

# DrEaMing Highlights

- “A DrEaMing bundle re-prioritises early postoperative delivery of Drinking, Eating and Mobilising”
- Delivery of DrEaMing as a bundle or unbundled is associated with **substantial reductions in postoperative LOS**
- **Consistency of process delivery**, not complications, predicted shorter hospital-level LOS
- DrEaMing may be adopted by perioperative health systems as a **quality metric** to support **improved patient outcomes and reduced length of stay**

Reference: Oliver CM et al, Delivery of Drinking Eating and Mobilising (DrEaMing) and its association with length of hospital stay after major non-cardiac surgery: an observational cohort study. In press

## Some useful websites

- <https://cpoc.org.uk/>
- <https://rcoa.ac.uk/patient-information/preparing-surgery-fitter-better-sooner>
- <https://pqip.org.uk/>
- [www.england.nhs.uk/nhs-standard-contract/cquin/2022-23-cquin/](http://www.england.nhs.uk/nhs-standard-contract/cquin/2022-23-cquin/)
- <https://movingmedicine.ac.uk/consultation-guides/condition/adult/periop-in-development>